

Canna



the National Trust
for Scotland
a place for nature



- 1 Pier
- 2 Church of Scotland
- 3 Cafe
- 4 Canna House
- 5 Cross and Stone
- 6 St Columba's Chapel
- 7 St Edward's Church



Sanday

Dun Mor
Dun Beag



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Canna

Island walks

Description

Strategically placed between the island of Rum and the Atlantic barrier of the Western Isles, the island of Canna and its adjoining neighbour Sanday are hidden Hebridean gems. These three walks allow visitors to discover some of the island's ancient past while exploring great scenery and countryside.

Grade

Easy / Moderate

Terrain

All the paths are unsurfaced and the souterrain path involves some ascent.

Distance

Early Christian Cross	1 mile / 1.75km
Satur's Path	1 mile / 1.75km
Souterrain	4 miles / 6.5km

Time

Early Christian Cross	1 hour
Satur's Path	40 mins
Souterrain	3-4 hours


OS Map

Landranger Sheet 39

Facilities

Suitable for picnics
Tearoom
Toilets at pier



The Trust is supported by  Scottish Natural Heritage
Dualchas Nàdair na h-Alba
All of nature for all of Scotland
Nàdair air fad airson Alba air fad

EARLY CHRISTIAN CROSS AND PUNISHMENT STONE



Canna and Sanday have an amazingly rich archaeological landscape with remains dating to all periods of settled occupation in Scotland. The islands may be linked to St Columba and his 6th century mission from Iona.

Follow a path through woodlands to an internationally significant early Christian stone cross at A' Chill – all that remains of what was once an important monastic site dating from the 7th to 9th centuries.

SATUR'S PATH



This path is named after Saturnino who helped build it. He was a good friend of the Campbells, the previous owners of Canna. It leads across a field that was once a settlement to Coroghon barn. Nearby are the remains of Coroghon Castle, a small late medieval stronghold which juts out into the sea.

SOUTERRAIN



Follow the track to this enigmatic 2,000-year-old underground chamber, part of Canna's rich archaeological heritage. On your walk keep an eye out for birds as Canna is one of the best places in Scotland to see birds of prey. Look out for the magnificent golden eagle, or perhaps the white-tailed eagle, soaring high in the sky, but be careful to distinguish them from the numerous buzzards whose mewling calls echo off the cliffs.